

The One Hundred Items To Disappear Off The Shelves First

Foreword

The following article was submitted by a reader and I find it worthy enough to place on this site. While it is hard to come up with a “fits-all” list of needed items, this serves as food for thought for each individual.

We all, depending on our location and special requirements, will need to alter this list to fit our individual needs.

The hurrican disasters in our nation in the last few years are a good example of what cleared the shelves first.

Read, learn, think and ACT.

1. Generators (Good ones cost dearly. Gas storage, risky. Noisy...target of thieves; maintenance etc.)
2. Water Filters/Purifiers
3. Portable Toilets
4. Seasoned Firewood. Green wood takes time to dry for home uses.
5. Lamp Oil, Wicks, Lamps (First Choice: Buy CLEAR oil. If scarce, stockpile ANY!)
6. Coleman Fuel. Impossible to stockpile too much.
7. Guns, Ammunition, Pepper Spray, Knives, Clubs, Bats & Slingshots.
8. Hand can openers, & hand egg beaters, whisks.

9. Honey, Syrup, sugar
10. Rice, Beans, & Wheat
11. Vegetable Oil (for cooking) Without it food burns/must be boiled etc.,)
12. Charcoal, Lighter Fluid (Will become scarce suddenly)
13. Water Containers (Urgent Item to obtain.) Any size, food grade if for drinking.
14. Mini Heater head (Propane) (Without this item, propane won't heat a room.)
15. Grain Grinder (Non-electric)
16. Propane Cylinders (Urgent! Definite shortages will occur.)
17. Survival Guide Book.
18. Mantles: Aladdin, Coleman, etc. (Without this item, longer-term lighting is difficult.)
19. Baby Supplies: Diapers/formula. ointments/aspirin, etc.
20. Washboards, Mop Bucket w/wringer (for Laundry)
21. Cookstoves (Propane, Coleman & Kerosene)
22. Vitamins
23. Propane Cylinder Handle-Holder (Urgent: Small canister use is dangerous without this item)

24. Feminine: Hygiene, Haircare & Skin products.
25. Thermal underwear (Tops & Bottoms)
26. Bow saws, axes and hatchets, Wedges (also, hones & honing oil)
27. Aluminum Foil Reg. & Heavy Duty (Great Cooking and Barter Item)
28. Gasoline Containers (Plastic & Metal)
29. Garbage Bags (Impossible To Have Too Many).
30. Toilet Paper, Kleenex, Paper Towels
31. Milk - Powdered & Condensed (Shake Liquid every 3 to 4 months)
32. Garden Seeds (Non-Hybrid) (A must)
33. Clothes pins, line & hangers (A must)
34. Coleman's Pump Repair Kit
35. Tuna Fish (in oil)
36. Fire Extinguishers (or a large box of Baking Soda in every room)
37. First aid kits
38. Batteries (all sizes...buy furthest-out for Expiration Dates)
39. Garlic, spices & vinegar, baking supplies
40. Big Dogs (and plenty of dog food)
41. Flour, yeast & salt
42. Matches. {'Strike Anywhere' preferred.) Boxed, wooden matches will go first
43. Writing paper/pads/pencils, solar calculators
44. Insulated ice chests (good for keeping items from freezing in Wintertime.)
45. Workboots, belts, Levis & durable shirts
46. Flashlights/LIGHTSTICKS & torches, 'No. 76 Dietz' Lanterns
47. Journals, Diaries & Scrapbooks (jot down ideas, feelings, experience; Historic Times)
48. Garbage cans Plastic (great for storage, water, transporting — if with wheels)
49. Men's Hygiene: Shampoo, Toothbrush paste, Mouthwash/floss, nail clippers, etc
50. Cast iron cookware (sturdy, efficient)
51. Fishing supplies & tools
52. Mosquito repellent, sprays & creams
53. Duct Tape
54. Tarps, stakes, twine, nails, rope & spikes
55. Candles
56. Laundry Detergent (liquid)
57. Backpacks, Duffel Bags
58. Garden tools & supplies
59. Scissors, fabrics & sewing supplies
60. Canned Fruits, Veggies, Soups, stews
61. Bleach (plain, NOT scented: 4 to 6% sodium hypochlorite)

62. Canning supplies, (Jars, lids and wax)
63. Knives & Sharpening tools: files, stones, steel
64. Bicycles + Tires, tubes, pumps and chains, etc
65. Sleeping Bags, blankets, pillows & mats
66. Carbon Monoxide Alarm (battery powered)
67. Board Games, Cards, Dice
68. d-con Rat poison — Roach Killer
69. Mousetraps, Ant traps & Cockroach magnets
70. Paper plates, cups and utensils (stock up, folks)
71. Baby wipes, oils, waterless & Antibacterial soap (saves a lot of water)
72. Rain gear, rubberized boots, etc.
73. Shaving supplies (razors & creams, talc, after shave)
74. Hand pumps & siphons (for water and for fuels)
75. Soysauce, vinegar, bullions, gravy and soupbase
76. Reading glasses
77. Chocolate, Cocoa, Tang, Punch (water enhancers)
78. 'Survival-in-a-Can' (MRE, etc.)
79. Woolen clothing, scarves, ear-muffs and mittens
80. Boy Scout Handbook, also Leaders Catalog
81. Roll-on Window Insulation Kit (MANCO)
82. Graham crackers, saltines, pretzels, Trail mix and Jerky
83. Popcorn, Peanut Butter & Nuts
84. Socks, Underwear, T-shirts, etc. (extras)
85. Lumber (all types)
86. Wagons & carts (for transport to and from)
87. Cots & Inflatable mattress's
88. Gloves: Work/warming/gardening, etc.
89. Lantern Hangers
90. Screen Patches, glue, nails, screws, nuts & bolts
91. Teas
92. Coffee
93. Cigarettes (for barter - don't smoke!)
94. Wine/Liquors (for barter & medicinal)
95. Paraffin wax
96. Glue, nails, nuts, bolts, screws, etc.
97. Chewing gum and candies
98. Atomizers (for cooling and bathing)
99. Hats, caps & cotton neckerchiefs
100. Goats and chickens

From a Sarajevo War Survivor

— Experiencing horrible things that can happen in a war — death of parents and friends, hunger and malnutrition, endless freezing cold, fear, sniper attacks.

1. Stockpiling helps. but you never know how long trouble will last, so locate near renewable food sources.
2. Living near a well with a manual pump is like being in Eden.
3. After awhile, even gold can lose its luster. But there is no luxury in war quite like toilet paper. Its surplus value is greater than gold's.
4. If you had to go without one utility, lose electricity — it's the easiest to do without (unless you're in a very nice climate with no need for heat.)
5. Canned foods are awesome, especially if their contents are tasty without heat-

ing. One of the best things to stockpile is canned gravy — it makes a lot of the dry unappetizing things you find to eat in war somewhat edible. Only needs enough heat to 'warm', not to cook. It's cheap too, especially if you buy it in bulk.

6. Bring some books — escapist ones like romance or mysteries become more valuable as the war continues. Sure, it's great to have a lot of survival guides, but you'll figure most of that out on your own anyway - trust me, you'll have a lot of time on your hands.
7. The feeling that you're human can fade pretty fast. I can't tell you how many people I knew who would have traded a much needed meal for just a little bit of toothpaste, rouge, soap or cologne. Not much point in fighting if you have to lose your humanity. These things are morale-builders like nothing else.
8. Slow burning candles and matches, matches, matches